

OUTSIDE

TRIM LINE

BACK COVER (5.5 in)

FRONT COVER (5.5 in)

11 X 8.5 trim size



REMEMBER:

**Blood clots may be fatal
or may lead to life-long
disabilities.**



**Blood clots can affect
anyone,
and do not discriminate
between age, gender, race,
and ethnicity.**



www.gtfonline.net

An affiliate of North American Thrombosis Forum (NATF, www.natfonline.org), an associate of International Union of Angiology (IUA, www.angiology.org)

11th PERT Symposium

September 17-20, 2025
San Diego, CA

OUR MISSION:

To spread the awareness of Thrombosis by high school scholars through the use of booths, research, presentations, publications, and proclamations.

**Fighting Blood Clots and Saving Lives
Through Education and Prevention**

FOLD

SAFE ZONE

SAFE ZONE

Back Cover

Front Cover

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Align Arrow to Verify
Correct Orientation

INSIDE

TRIM LINE

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POSTER PRESENTATIONS

September 17th to 20th, 2025

AGENDA

1. Does the elevation of D-dimer always mean VTE?
Aahana Borkar, Omkar Garud
2. Women in Science
Charvi Chegireddy, Nikki Patel
3. Measurement of DOAC Levels
Sana Verma, Shravani Vedak, Riddhi Surve
4. Antiphospholipid Syndrome
Rishi Motkur, Shruti Sunil
5. Anticoagulants in heavy menstrual bleeding
Yukta Borse, Krishna Patel
6. The Youth is Our Future, and the Future is Here
Vedanshi Kumar, Anvesha Shinde



SAFE ZONE



KNOW THE SYMPTOMS OF THROMBOSIS

- Discomfort, pain, throbbing, or warmth in the legs
- Skin changes in the leg (discoloration, thickening, or ulceration)
- Swelling of the legs, ankles, or feet
- Shortness of breath, chest pain, rapid heart rate (signs of a clot in the lungs)
- Drooping or numbness of the face, weakness or numbness of other parts of the body, slurred speech (signs of stroke)

KNOW YOUR RISK OF THROMBOSIS

- Major trauma
- Surgery
- Hospitalization or nursing home living
- Travel 4+ hours
- Active cancer/chemotherapy
- Oral contraceptives, pregnancy, or HRT
- Age 65+, Obesity
- Genetic or acquired clotting disorder
- Prior clot or family history of clot



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