

Wellness After My Clot

November 13th, 2021.

Third Annual PACO meeting.

10h00

Welcome

Alfonso Tafur, MD MSc

- President, PACO Foundation

10h10

Preventing Hospital-Associated Clots. Are we there yet?

Joseph Caprini, MD MSc

- Emeritus Professor of Surgery

- NorthShore University HealthSystem

Alex Spyropoulos, MD

-Professor of Medicine

-Donald and Barbara Zucker School of Medicine at Hofstra/Northwell

10h40

Poster presentations by Global Thrombosis Forum

Break

11h00

Mindfulness and Yoga in My CLOT Journey.

Rebecca Niziol, Life Coach

- Founder of Work with Soul

11h30

Poster presentations by Global Thrombosis Forum

11h40

The Journey from hospital to Recovery.

What to ask to find guidance after hospitalization

Jeff Rubin, Ed.D.

-VP of Behavioral Health and Clinical Integration for Laguna Health

12h10

Adjourn