

OUTSIDE

TRIM LINE

BACK COVER (5.5 in)

FRONT COVER (5.5 in)

11 X 8.5 trim size



**REMEMBER:**

**Blood clots may be fatal  
or may lead to life-long  
disabilities.**



**Blood clots can affect  
anyone,  
and do not discriminate  
between age, gender, race,  
and ethnicity.**



SAFE ZONE

FOLD



[www.gtfonline.net](http://www.gtfonline.net)

An affiliate of North American Thrombosis Forum (NATF, [www.natfonline.org](http://www.natfonline.org)), an associate of International Union of Angiology (IUA, [www.angiology.org](http://www.angiology.org))

**31st IUA World Congress**

Annual meeting: June 13 to 15, 2024  
Porto, Portugal

**OUR MISSION:**

To spread the awareness of Thrombosis by high school scholars through the use of booths, research, presentations, publications, and proclamations.

**Fighting Blood Clots and Saving Lives  
Through Education and Prevention**

SAFE ZONE

Back Cover

Front Cover

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Correct Orientation



### POSTER PRESENTATIONS

Friday June 14, 2024 at 5:30 pm

#### AGENDA

#### Heavy Menstrual Bleeding and Anticoagulants

Nysha Reddy, Harith Dhinakaran, Divyanka Kavdikar, Atul Laddu, Fakiha Siddiqui, Jawed Fareed

#### Underutilization of Aspirin in underdeveloped countries

Arushi Garud, Nethra Pai, Richa Mahajan, Atul Laddu, Fakiha Siddiqui, Jawed Fareed

#### European Society of Cardiology's (ESC) Guidelines for Management of Pulmonary Embolism (PE)

Mala Niverthi, Priyanka Kavdikar, Atul Laddu, Fakiha Siddiqui, Jawed Fareed

#### HITT

Krish Raina, Ragini Mohan, Sia Lawrence, Atul Laddu, Fakiha Siddiqui, Jaweds Fareed



### KNOW THE SYMPTOMS OF THROMBOSIS

- Discomfort, pain, throbbing, or warmth in the legs
- Skin changes in the leg (discoloration, thickening, or ulceration)
- Swelling of the legs, ankles, or feet
- Shortness of breath, chest pain, rapid heart rate (signs of a clot in the lungs)
- Drooping or numbness of the face, weakness or numbness of other parts of the body, slurred speech (signs of stroke)

### KNOW YOUR RISK OF THROMBOSIS

- Major trauma
- Surgery
- Hospitalization or nursing home living
- Travel 4+ hours
- Active cancer/chemotherapy
- Oral contraceptives, pregnancy, or HRT
- Age 65+, Obesity
- Genetic or acquired clotting disorder
- Prior clot or family history of clot



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